

Exam 4: NUR257/ NUR 257 (New 2023/ 2024 Update) Aging and Chronic Illness in Nursing Exam Review| 100% Correct| Grade A - Galen

QUESTION

_special circumstances/cues to consider in elders with cog/comm limitations:
elders tend to receive less pain med?

Answer:

no convincing evidence that there's peripheral transmission of sensation of pain to brain is altered even with dementia

QUESTION

_special circumstances/cues to consider in elders with cog/comm limitations:
when no longer able to express pain?

Answer:

comm usually comes through change in

behavior,
(change in ambulation, agitation, aggression, inc confusion or passivity)

QUESTION

_special circumstances/cues to consider in elders with cog/comm limitations:
caregivers education?

Answer:

educated to be alert for the latter bc person is less disruptive & may not be recognized as change that indicate pain

QUESTION

_pain cues in person with comm or cog limitations:

changes in behavior?

Answer:

QUESTION

- 1. restless, agitation
- 2. repetitive movements
- 3. unusually cautious movements, guarding

QUESTION

1. pain cues in person with comm or cog limitations: ADLs?

Answer:

QUESTION

- 1. sudden resistance to help
- 2. decreased appetite/sleep

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QUESTION

1. pain cues in person with comm or cog limitations:
vocalizations?

Answer:

QUESTION

- 1. groaning, moaning, crying
- 2. increase/decrease in vocalizations

QUESTION

1. pain cues in person with comm or cog limitations:
physical changes?

Answer:

QUESTION

- 1. pleading expression, grimacing
- 2. pallor or flushing, diaphoresis
- 3. tension (clenching teeth/hands)
- 4. inc pulse, resp, BP

QUESTION

- 1. assessment of pain?

Answer:

- O: onset
- L: location
- D: duration
- C: characteristics
- A: aggravating factors
- R: relieving factors
- T: treatment

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QUESTION

- 1. pain assessment for pt with dementia:
- PAINAD: advanced dementia scale?

Answer:

QUESTION

- 1. simple short focused, found to demonstrate sensitivity to change in response to intervention or over time
- 2. four behaviors rated by observer on scale of 0-2

QUESTION

_what are the four behaviors rated by an observer to determine pain in advanced dementia pt?

Answer:

QUESTION

- _breathing when not speaking,
- 2.negative vocalizations,
- 3.facial expressions & body language,
- 4.can person be comforted

QUESTION

_pain assessment for pt with dementia:
PACSLAC: checklist for seniors w/limited ability to communicate?

Answer:

four do-

main:

- 1.facial expression,
 - 2.activity, body movement,
 - 3.social, personality, mood,
 - 4.physiological, sleeping, eating, vocal
- the CNA in any setting can use this scale to assess pain

QUESTION

_meds to be used for acute/chronic pain?

Answer:

QUESTION

- _analgesics (opioid/non-opioid)
- 2.adjuvant (antidepressants, anticonvulsants, herbals)
- 3.NSAIDs must be used cautiously esp in older adults